

# Instant Pot Steel Cut Oatmeal

6 servings 1 hour

*A family favorite on Sunday mornings before church*

## Ingredients

2 c steel cut oats

6 c water

large pinch of salt

1/4 c butter

3/4 c maple syrup

*optional toppings*:
*fresh or dried fruit*
*nuts*
*heavy cream*

## Directions

1. Place, oats, water, & salt in instant pot (or similar pressure cooker).
2. Cook for 10 minutes on high pressure.
3. Do a natural release. (DO NOT attempt a quick release! You will have a hot mess of frothy, sticky, liquid!)
4. Once the float valve is down, open the instant pot and gently stir the oatmeal.
5. Stir in butter & maple syrup.
6. If desired, top with optional fruit, nuts, cream or other toppings.