

Instant Pot Old Fashioned Oatmeal

6 servings 25 minutes

perfect for Sunday mornings before church

Ingredients

3 c old fashioned oats

6 c water

large pinch of salt

1/2 cup milk

3/4 c maple syrup

optional toppings:
fresh or dried fruit
nuts
heavy cream

Directions

1. Place, oats, water, & salt in instant pot (or similar pressure cooker).

2. Cook for 2 minutes on high pressure.

3. Do a natural release.
(DO NOT attempt a quick release! You will have a hot mess of frothy, sticky, liquid!)

4. Once the float valve is down, open the instant pot and gently stir in milk & maple syrup.

6. If desired, top with fruit, nuts, cream or other toppings.